

BOONE

FRANKLIN

HAMILTON

HARDIN

JASPER

MADISON

MARSHALL

POWESHIEK

STORY

WARREN



CICS supports individuals and strengthens communities by serving the unique needs of individuals with mental health and intellectual and other developmental disabilities in the following 10 Iowa counties.

BOONE COUNTY
M-F 8:00AM-4:30PM
Kim Schomaker
Service Coordinator
(515) 433-4883

FRANKLIN COUNTY
M-F 8:00AM-4:30PM
Robin McKee
Service Coordinator
(641) 456-2128

HAMILTON COUNTY
M-F 8:00AM-4:30PM
Carrie Hisler
Service Coordinator
(515) 832-9550

HARDIN COUNTY
M-F 8:00AM-4:30PM
Jodi Hamilton
Service Coordinator
(641) 939-8165

JASPER COUNTY
M-F 8:00AM-4:30PM
Jarica White
Service Coordinator
(641) 791-2304, Ext. 2

MADISON COUNTY
M-F 8:00AM-4:30PM
Dee Dorsey
Service Coordinator
(515) 462-2931, Ext. 227

MARSHALL COUNTY
M-F 8:00AM-4:30PM
Lisa Soder
Service Coordinator
(641) 844-2792

POWESHIEK COUNTY
M-F 8:00AM-4:30PM
Brenda Daily
Service Coordinator
(641) 236-9199

STORY COUNTY
M-F 8:00AM-4:30PM
Nikki Sprecher
Service Coordinator
(515) 663-2939

Kathy Johnson
Service Coordinator
(515) 633-2941

Staci Shugar
Service Coordinator
(515) 663-2947

WARREN COUNTY
M-F 8:00AM-4:30PM
Jess Van De Voort
Service Coordinator
(515) 961-1075

WWW.CICSMHDS.ORG

A 10-county region that works to develop support for people with mental health concerns or developmental disabilities.



Supporting Individuals.
Strengthening Communities.



CICS

Supporting Individuals. Strengthening Communities.

24-HOUR CENTRAL IOWA CRISIS LINE 844-258-8858

A crisis is any stress or pressure
that has become too great for
you to cope with alone.

SERVICES AVAILABLE AT NO COST

Service Coordination – Meetings with a social worker who will help you find and apply for programs and services to reach your goals.

Community Drop-In Centers – A place to gather with others to relax, learn, socialize, or participate in activities.

Crisis Line – Support on the telephone, anytime day or night, for people looking for help with their emotions or mental health.

Crisis Psychiatry – Appointments reserved by CICS for people experiencing a crisis with their psychiatric medication.

Crisis Therapy – Appointments reserved by CICS for people experiencing a crisis that they would like to speak to a therapist about.

Crisis Stabilization – A place to stay during a mental health crisis. Private rooms are provided, as well as therapy, medication evaluation and help making a plan for when you are ready to leave.

Psychiatry While In Jail – Psychiatry appointments are available to those in jail within the CICS region.

SERVICES THAT MAY HAVE A FEE

Outpatient Services

Non-Crisis Psychiatry – Service coordinators have information available about psychiatrists where you live. They can help you set up an appointment.

Non-Crisis Therapy – Service Coordinators have information available about therapists in your area. They can help you set up an appointment.

Housing Supports

Transitional Living Centers – A place to live when you need time and support to develop a new plan.

Supported Community Living – Assistance with learning skills such as cooking, cleaning and money management. These skills are taught one on one, in your home and in the community.

Residential Care Facilities – A place to live with a group of people when there is not enough support for you to live alone.

Short-Term Rental and Utilities Assistance – Help paying your rent and utilities in a time of crisis.

Work Supports

Supported Employment – Help with the entire job-finding process, as well as support after you are hired.

Pre-Vocational Training – Help to build skills so that you are ready for the job-finding process.

Group Employment Training – Opportunity to build on-the-job skills in a group setting to prepare you for a job on your own.

Other Services

Transportation – Public transit to do essential shopping, receive medical services, go to work and reduce social isolation.

Home Health Aides – Services that provide personal care, including help to bathe, get in and out of bed and exercise.

Intensive Psychiatric Rehabilitation – Services designed to prevent or reduce the need for services in a hospital or residential setting, and to promote recovery.

Mental Health Advocate – An individual who helps people who are under a court commitment for mental health.

Respite – Support for the caregiver to provide temporary relief for individuals and their families.



Each county has a service coordinator that will help you find and apply for programs and services to reach your goals. CICS may also be able to pay for services.