

Home Delivered Meals Available in Poweshiek County

Northeast Iowa Area Agency on Aging (NEI3A) is a nonprofit that serves 18 counties including Poweshiek County. NEI3A strives to keep older adults safe and independent in their homes by providing information and assistance, case management, service coordination, application assistance, evidence based classes, caregiver support, and along with home delivered meals.

NEI3A is pleased to announce our new partnership with Mom's Meals to be offered throughout Poweshiek County. Our home delivered meal program is for:

- ▶ Anyone age 60 and older
- ▶ Residents of Poweshiek County
- ▶ Individuals who are homebound

Meal Process:

- ▶ Assessment completed by NEI3A staff person to determine eligibility.
- ▶ If qualified, 5 meals per week will be delivered to the home.
- ▶ Meals may be frozen or refrigerated and can be heated in microwave or oven.

The actual cost to provide each meal is \$8.10. However, NEI3A, through federal funding, is able to offer these meals on a contribution basis. The agency may need to limit the number of individuals to be served based upon available funding for this program.

At this time NEI3A will not be re-opening the doors at the senior center located at St. John's Lutheran Church, 1224 East St. but will instead concentrate on serving those homebound individuals.

If you would have questions or would like to get connected to any of these services, please call Lifelong Links at 866-468-7887.

